

Eat Right Montana (ERM) and Montana Action for Healthy Kids (AFHK) promote healthy nutrition and physical activity choices and behaviors to improve the well-being of all Montanans.

Please forward this to anyone who may be interested.

## **Health Hero Award**

ERM and AFHK would like to recognize individuals and/or public and private organizations that go above and beyond their job duties to promote health in Montana through nutrition and physical activity. If you know someone deserving such recognition, please submit a nomination describing how the nominee has made a noteworthy contribution to their organization, local community, or the state as a whole. Letters of <u>nomination</u> should include specific activities that warrant the award.

Please consider the following when making a nomination:

- Worked on a policy, program, project, or promotion to encourage healthy nutrition and physical activity choices and behaviors including but not limited to:
  - o Increasing access to healthy food choices or nutrition program participation
  - Alleviating or decreasing hunger in the community
  - o Increasing access to physical activity for kids, families, or communities
  - Advocating for workplace changes to support healthy choices
- Went beyond the normal requirements of the job
- Employed a creative or innovative method to overcome a problem
- Maximized limited resources

Deadline: Monday, July 10, 2013

ERM and AFHK will announce the awards in August and present the awards at Build a Stronger Montana: End Childhood Hunger Conference September 23-24 at Montana State University in Bozeman (www.montana.edu/cs/conferences/endchildhunger).

Thank you for taking the time to recognize those who work to improve health in our state. Please return the attached <u>nomination form</u> via email, fax, or mail to the contact information below:

Julie Middleton, Awards Committee Chair <u>Julia.middleton@montana.edu</u> Fax: (406) 994-5653 I Phone: (406) 994-5310 PO Box 170520 Bozeman, MT 59717